

SPA SERVICES



LAKEWAY

RESORT AND SPA  
AUSTIN | TEXAS

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REMINGTON



### Lakeway Signature Journey | 4.5 hours

We begin this sensory journey with our Signature Scrub, a salt scrub that will help polish tired skin revealing a more youthful, radiant glow. You are then cocooned in a unique blend of wild flowers and shea butter, working in harmony to moisturize and revitalize your skin from head to toe. Take a moment to enjoy our spectacular lake views, while you soak up the healing benefits of our signature wild flower oils and shea butter. With your body now feeling refreshed and rejuvenated, we begin to work deeper to relieve tension with our Signature Massage. Enjoy 80 minutes of unwinding, until you find the deepest sense of relaxation, all aided by our signature aromatherapy blend which includes all the best scents the hill country has to offer: lavender, cypress, sage and mint. End your day by putting your best face forward with our Signature Facial.

### Hill Country Lavender Journey | 3.5 hours

Our Lovely Lavender scrub polishes away dull skin, stimulating lymphatic and circulatory systems, while the calming effects of lavender help release tension. Continue with the ultimate in relaxation, our lavender massage. Our skilled massage therapists use long flowing strokes to wash away tension leaving the body feeling deeply soothed. This journey concludes with a lavender manicure and pedicure. Paying particular focus to tired soles and dry hands, we buff away the old and reveal new... as hints of lavender soothe your soles.

### The Royal Treatment | 3 hours

It's all about you. This journey is customized to your needs. Begin with your choice of 80 minute massage, followed by your choice of 80 minute facial. Relax in our lounge looking over the lake, take time to lounge by the Pool or relax in our Dry Sauna. All resort amenities are available while you create your own personalized spa experience.



### Signature Massage | 50 min 130/ 80 min 190

Our custom blend of essential oils meets a custom blend of the finest points of bodywork. Feel your body move, unwind, let go, and settle into a fully relaxed state.

### Couples Retreat | 50 min 260/ 80 min 380

Disconnect from daily life and reconnect with the one another in our lakeview couples suite. Skilled therapists help soothe muscle aches with relaxation techniques aided by our "I love" blend of essential oils.

### Therapeutic | 25 min 75/ 50 min 135/ 80 min 195

Hands, fingers, forearms and elbows work together under the direction of our highly skilled massage therapists to release tension deep within your muscles. Using deep tissue techniques, our therapeutic massage is ideal for easing the most stubborn tension. Great for the athlete in all of us and for those who prefer deep massage work.

### Classic | 25min 65/ 50 min 110/ 80 min 160

A gentle to medium pressure massage allows your body to relax into deeper states of wellness. Flowing strokes, gliding pressure, and gentle rocking massage strokes blend seamlessly to reduce feelings of stress and anxiety, helping to bring you back to center.





### Aromatherapy | 50 min 125/ 80 min 175

Our most popular massage service. Select from hand-crafted, organic essential oils that will add a level of healing therapy and aromatic pleasure to your massage. Choose from : "I renew" for detoxification and renewal, "I unwind" for relaxation and release of stress, "I play" for focused relief in areas of tension and discomfort, "I rejoice" for uplift and joy, "I love" blend to promote harmony and abundance. As specific as the blend of essential oil, your therapist will also create a custom massage to address your specific needs.

### Colorado River Rock | 80 min 195

Just as the Colorado River carves out the rugged earth, warm, smooth basalt stones use their density and heat to gently release tired sore muscles. Melt away tension, the way mother earth intended.

### Mother Massage | 50 min 135

From the first trimester to postpartum, skilled hands address the changing body to make this beautiful time more enjoyable.

### Reflexology | 50 min 135

Knowledge born from ancient healing practices, tells us that all parts of the body can be reached through the soles of our feet. Begin to unwind with a destressing foot soak, followed by activating and releasing foot work, where our massage therapists utilize specific pressure points found on the feet to alleviate stress and tension in the body.



## Signature Body Treatment | 80 min 175

We begin this treatment by dry brushing to stimulate the lymphatic system, we follow up with an exfoliating scrub to reveal healthy revitalized skin, and we finish this delightful treatment with a moisturizing wrap of wild flowers and shea butter to sooth and nourish, we leave your skin rested and rehydrated with our signature oil, made with all the best essential oils that Texas Hill Country has to offer.

## Texas Ruby Red Body Treatment | 80 min 175

Uplifting, stimulating and toning to the body, inspired by Texas' very own ruby red grapefruit, uplifting grapefruit essential oil is the star of this treatment. We begin with a scalp massage, followed by a body polish, and finish with a relaxation massage.

## Sun Repair Wrap | 50 min 125

Aloe and Lavender fused into a healing wrap to soothe dehydrated, sensitive, sun-damaged skin. Finish with a lavender body butter application.

## Green Clay Detoxifying Wrap | 50 min 125

Bentonite clays draw toxins from the body, assists in mineral deficiencies while soothing minor inflammation. A moisturizing and refreshing application of Ocean Dew Body Lotion completes your service.





### Lady Bird Wild Flower Wrap | 50 min 125

Dry brushing stimulates the lymphatic system, followed by a shea butter wrap containing Calendula, Rose, Chamomile and Lavender which work in synergy moisturize and soothe dry skin. While you are wrapped in this healing cocoon enjoy a luxurious scalp and facial massage.

### Honey and Wild Sage Buffing Grains | 50 min 125

Buffing grains designed to fall like a soft breath onto preoiled skin. The fine texture of powdered herbs and grains allows them to be buffed into the skin more vigorously than other body polishes. Warm towels whisk away grain, and our signature massage oil moisturizes from head to toe.

### Ala Carte | 25 min 65

Add your choice of scrub to a massage, wrap or facial: Lavender Salt Scrub, Grapefruit Brown Sugar and Salt Scrub, or our Signature Scrub.



### Signature Facial | 50 min 125

Personalized to your specific needs, this facial will address all your areas of concern and leave your skin feeling fresh and revitalized.

### Anti-Aging Facial | 50 min 160

The Botinol Treatment is a non-invasive alternative treatment to micro injections. Boosted with retinol, alpha lipoic acid and five peptides including Matrixyl and Argireline to deactivate the signs of aging. A clinically proven treatment that visibly reduces expression lines, fine lines, and wrinkles, providing an instant and long-term youthful look.

### Anti-Wrinkle Treatment | 80 min 175

Collagen 90-11 is an exclusive, highly renowned, and intensely rejuvenating treatment dramatically minimizes deeper lines and wrinkles, rejuvenates and tightens the skin resulting in the resurgence of a more youthful appearance. Ideal for fatigued and mature skin, it improves the overall complexion by stimulating cell metabolism. It quenches the skin, leaving it optimally hydrated and radiant for immediate and long lasting results of up to six months following a series of treatments.

Series discounts – pre purchase a series of six for \$950

### Sea and C Facial | 50 min 150

Antioxidizing, rejuvenating, instant radiance. A powerful age-defying treatment designed to delay the visible signs of aging, providing long- lasting results on fine lines and wrinkles for a youthful skin appearance. An energizing treatment that helps improve cellular regeneration and natural defenses. This restorative treatment ensures skin regeneration, elasticity and suppleness. A unique concept combining marine and vegetal ingredients ( Pure Vitamin C Concentrate, Algae Biomatrix Patches and thermal Organic Mud).





### Lifting & Firming Facial | 50 min 150

Hydrolift is a unique clinical treatment, specifically formulated to act on the face and neck, provides intensive immediate hydration and lifts and firms the face and neck for a more radiant skin. This anti-aging clinical treatment offers an effective solution to revitalize and restructure the skin, while improving the skins elasticity and the appearance of fine lines and wrinkles.

### Soothing and Hydrating | 50 min 140

This enriching Algomask Treatment provides immediate and long-lasting hydration. It's thermo-cooling effect on the skin makes it a remarkably soothing treatment ideal for dehydrated/ sensitive and Rosacea prone skin. It offers instant radiance by hydrating, soothing and illuminating the skin while visibly minimizing redness.

### Oxygenating Treatment | 50 min 145

Oxygenating and purifying, this revolutionary treatment is designed to clear skin congestion, control acne and revitalize fatigued, stressed and dull skin. The five step treatment, with a unique oxygen complex and patented anti-microbial peptides combined with salicylic, glycolic and lactic acids, normalizes, purifies and hydrates in depth to give the skin back its natural radiance and glow. The skin becomes luminous, moisture-balances and younger looking.

### Express Facial | 25 min 75

A quick refresher that will brighten your day when you only have a few moments to spend on yourself.





Your nail services come with a beautiful view of Lake Travis, and the Pool Oasis.

### Signature Spa Manicure | 50 min 75

A luxurious treatment for hands with our Lakeway custom blended scrub, body butter, aromatherapy paraffin dip, and your choice of nail polish.

### Signature Spa Pedicure | 75 min 85

Lakeway custom blended scrub, body butter, aromatherapy paraffin dip, with your choice of nail polish.

### Lavender Manicure | 25 min 45

Nail cleaning, cuticle removal and shaping, followed by a soothing hand and arm massage. Polish applied as a finishing touch.

### Lavender Pedicure | 50 min 75

Nail cleaning, cuticle removal and shaping, and callus removal, followed by a soothing foot and calf scrub, with light massage. Polish applied as a finishing touch.

### Express Pedicure | 25 min 50

Nail cleaning and shaping, cuticle care followed by a soothing foot and calf scrub with application of moisturizer. Polish applied as a finishing touch.

### Sports Pedicure | 50 min 65

Nail Trim, callous removal, cool gel massage to relieve sore calf muscles, then shaping and buffing the toenails. This service is designed for the athlete in all of us. No Polish.

### Add ons

Gel Removal \$20 | Gel Polish \$20 | Nail Art \$10 for two nails | French Polish \$10  
JamBerry Nail Art \$10 per nail





## Hours of Operation

Daily 9:00 AM -7:00 PM

## Appointments

Appointments should be scheduled at least seven days in advance to guarantee availability. All spa appointments must be guaranteed with a credit card.

We recommend that guests arrive at least 20-30 minutes prior to scheduled appointment times. Please allow yourself enough time when driving to Lakeway Resort and Spa. If you wish to enjoy the showers, dry saunas, spa terrace or relax in the men's or women's lounges prior to your appointment, please be sure to leave adequate time so that you don't feel rushed.

## In-room services

In-room services are offered at an additional fee of \$30 to the service price, per treatment and based upon availability.

## Youth Services

Please contact a Spa Concierge at 512.261.7350 to answer questions regarding our youth treatments.

## Gratuities

Gratuities are accepted for exceptional service. Typical gratuities for spa services range from 20-25% based on your satisfaction level. An automatic 22% service fee will be added to all Spa Journeys. Prices and Services are subject to change without notice.

## Cancellation considerations

Please cancel your appointments 24 hours in advance to allow other guests ample time to schedule appointments in your absence. Cancellations made less than 24 hours in advance or "no show" appointments will be charged 100% of the treatment price. Prices and services are subject to change without notice.

Call today for more information  
or to reserve your spa treatment  
[www.lakewayresortandspa.com](http://www.lakewayresortandspa.com)

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